	LUNES		MARTES		MIÉRCOLES		JUEVES		VIERNES		SÁBADO	
7:00	FUNCIONAL FITNESS	OPEN BOX	FUNCIONAL FITNESS	OPEN BOX	FUNCIONAL FITNESS	OPEN BOX	FUNCIONAL FITNESS	OPEN BOX	FUNCIONAL FITNESS	OPEN BOX		
8:00	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS			
9:00	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS			
10:00	HYROX		FUNCIONAL FITNESS HYBRID		FUNCIONAL FITNESS HYROX		FUNCIONAL FITNESS HYBRID		FUNCIONAL FITNESS		FUNCIONAL FITNESS HALTEROFILIA	OPEN BOX
11:00	FUNCIONAL FITNESS STRENGTH		FUNDAMENTOS GIMNÁSTICOS		FUNCIONAL FITNESS STRENGTH		FUNDAMENTOS MOBLITY		FUNCIONAL FITNESS STRENGTH			
11:30											FUNCIONAL FITNESS	
12:00	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS			
14:30	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS			
16:00	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS			
17:00	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS			
17:30	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS					
18:00	FUNCIONAL FITNESS HYROX		FUNCIONAL FITNESS HYBRID		FUNCIONAL FITNESS HYROX		FUNCIONAL FITNESS GIMNÁSTICOS STRENGTH		FUNCIONAL FITNESS STRENGTH			
18:30	GIMNÁSTICOS		HALTEROFILIA		GIMNÁSTICOS		HALTEROFILIA					
19:00	FUNCIONAL FITNESS STRENGTH HALTEROFILIA		FUNCIONAL FITNESS STRENGTH FF PARTNER		FUNCIONAL FITNESS STRENGTH HALTEROFILIA		FUNCIONAL FITNESS STRENGTH HYBRID		FUNCIONAL FITNESS STRONG-(WO)MAN			
19:30	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS					
20:00	FUNCIONAL FITNESS FUNDAMENTOS MOBILITY		FUNCIONAL FITNESS FUNDAMENTOS MOBILITY		FUNCIONAL FITNESS FUNDAMENTOS MOBILITY		FUNCIONAL FITNESS FUNDAMENTOS MOBILITY		FUNCIONAL FITNESS			
20:30	FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS		FUNCIONAL FITNESS					
21:00	FUNCIONAL FITNESS		FUNCIONAL FITNESS GIMNÁSTICOS		FUNCIONAL FITNESS		FUNCIONAL FITNESS					