

	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SABADO
7:00/8:00	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	
8:00/9:00	OPEN BOX					
9:00/10:00	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	OPEN BOX
10:00/11:00	HALTERO	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	
	HYBRID	HYROX	HYBRID	HYROX		
11:00/12:00	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	CROSSFIT
	STRENGTH	GYMNASTIC	STRENGTH	MOBILITY	STRENGTH	
12:00/13:00	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	ACROBACIAS
13:00/14:30	OPEN BOX					
14:30/15:30	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	ACROBACIAS
16:00/17:00	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	
17:00/18:00	FUNCIONAL FITNESS	ACROBACIAS	FUNCIONAL FITNESS	ACROBACIAS	FUNCIONAL FITNESS	ACROBACIAS
		FUNCIONAL FITNESS		FUNCIONAL FITNESS		
18:00/19:00	HALTERO KID	HYBRID	HALTERO KID	MOBILITY	STRENGTH	ACROBACIAS
	HYROX	FUNCIONAL FITNESS	HYROX	FUNCIONAL FITNESS	FUNCIONAL FITNESS	
	FUNCIONAL FITNESS		FUNCIONAL FITNESS	GYMNASTIC		
19:00/20:00	HALTERO	MOBILITY	HALTERO	HYBRID	FUNCIONAL FITNESS	
	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS		
19:30/20:00		MIDLANE		MIDLANE	ACROBACIAS	
20:00/21:00	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	
	FUNDAMENTOS	STRENGTH	FUNDAMENTOS	STRENGTH		
20:30/21:30	FUNCIONAL FITNESS	FUNCIONAL FITNESS		FUNCIONAL FITNESS		
21:00/22:00	FUNCIONAL FITNESS	GYMNASTIC	FUNCIONAL FITNESS	FUNCIONAL FITNESS	FUNCIONAL FITNESS	